

# OCTOBER NEWSLETTER

What we are working on this term

8th October 2025

## Friendship– our focus for this term

In assembly, we've been exploring the theme of friendship and learning what it means to be a good friend. Through stories and discussions, we've talked about the importance of:

- **Listening** to our friends
- **Asking questions** to show we care
- **Sharing** and taking turns
- **Encouraging** each other with kind words

We've also learned how to handle situations when a friend does something we don't like. At school, we use I-Messages to express our feelings

**The best way for your friend to know how you are feeling is for you to explain in a calm manner.**

**Many people** do not always realise they have upset you. So, we are going to use an I Message.

I feel sad and do not like it when you push me. Please stop.

You have told them how you feel



And you have told them what you want to happen.



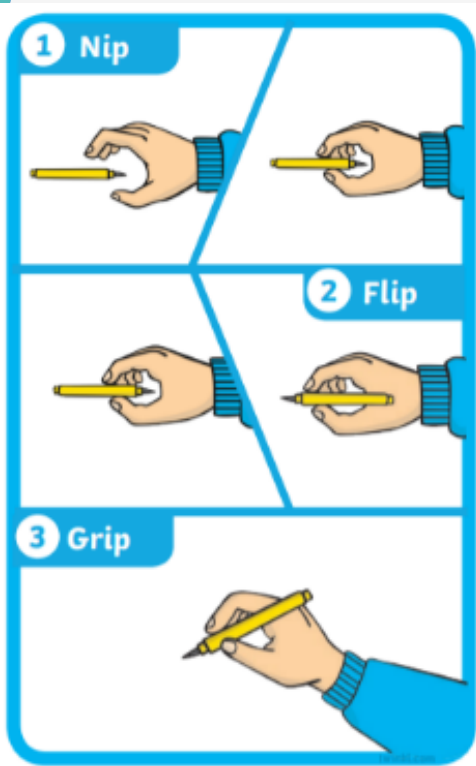
The reply should then be 'sorry' and the behaviour should stop.



FRIENDS

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## Handwriting

We've also been paying close attention to our handwriting. The children are learning to use consistent terminology when forming letters and holding their pencils correctly. To help with pencil grip, we use the fun rhyme:  
"Pinch it, flip it, grip it!"

### Phase 2 grapheme information sheet

### Autumn 1

| Grapheme and mnemonic | Picture card                                                                                     | Pronunciation phrase                                                                   | Formation phrase                                                            |
|-----------------------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| s s                   | <br>snake     | Show your teeth and let the s hiss out ssssss ssssss                                   | Under the snake's chin, slide down and round its tail.                      |
| a a                   | <br>astronaut | Open your mouth wide and make the a sound at the back of your mouth a a a              | Around the astronaut's helmet and down into space.                          |
| t t                   | <br>tiger     | Open your lips; put the tip of your tongue behind your teeth and press t t t           | From the tiger's nose to its tail, then follow the stripe across the tiger. |
| p p                   | <br>penguin   | Bring your lips together, push them open and say p p p                                 | Down the penguin's back, up and around its head.                            |
| i i                   | <br>iguana    | Pull your lips back and make the i sound at the back of your mouth i i i               | Down the iguana's body, then draw a dot (on the leaf) at the top.           |
| n n                   | <br>net       | Open your lips a bit, put your tongue behind your teeth and make the nnnnn sound nnnnn | Down the stick, up and over the net.                                        |

You can find the sheets for every letter on our website:  
<https://lenham.kent.sch.uk/curriculum/english/>

