

Welcome Back to Term 4!

Start of Term 4 Newsletter

We have spoken in Assembly about the morning routines and the children want to keep going with the set up from last term with the circuit activities being changed. School Council will carry out a full review in Term 4.

PLEASE NOTE DAYS HAVE CHANGED! Unfortunately Coach Charlie is no longer with us, we have Coach Robbie on a Tuesday and Coach Shannon on a Friday.

Monday and Wednesday: Daily Mile

The Daily Mile will take place on these days, and we will need the full playground space to ensure all children can participate safely. We kindly ask that parents avoid standing on the playground. If you wish to stay, please use the grass area behind the bus shelter, as this allows us to maximize the playground for the children's activity. Adults will be at the top of the path to welcome children.

Tuesday and Friday: Circuits with Coach Robbie and Coach Shannon (set to music!)

On these days, the children will work in their houses to complete four activity stations, spending one minute at each. House points will be awarded for participation. Again, we'll need the entire playground space to ensure the sessions run smoothly.

Thursday: Family Zumba

The children have shared that having parents watch makes them feel self-conscious, so we warmly invite you to join in the fun instead—Dad dancing and all! We'd love to see everyone bringing their energy and moves to the playground. Let's make this a lively and inclusive activity to promote well-being and start the day on a high note.

We are wanting to add to our playtime environment, please see the next page of items we are looking for.



Up and coming dates for Term 3

- 3.3.25– 7.3.24 Book Week
- 6.3.25 World Book Day
- 14.3.25 Comic Relief
- 10.3.25-14.3.25 Science Week
- 28.3.25– Year 4 mini residential
- 4.4.25 Last Day of Term

Further ahead dates:

- 19.6.25 Sports Day
- 20.6.25 INSET
- 23.06.25 INSET
- 11.07.25 INSET

Next Academic Year

- 01.09.25 INSET
- 02.09.25 INSET

The image shows three colorful information cards. The top card is pink and titled "DAILY MILE" with a heart icon. It explains that on Monday and Wednesday, the school will do a daily mile, and asks parents to avoid standing on the playground. The middle card is blue and titled "CIRCUITS" with a star icon. It announces a new activity on Tuesday and Friday where children complete four activity stations in their houses. The bottom card is light blue and titled "FAMILY ZUMBA" with a book icon. It announces a Thursday family Zumba session on Friday where parents are invited to join in.





Playtime Fun– we need your help!

The wonderful PTA are going to help fund some of the items that the children have asked for, but can you help with donating some items? We need:

- Scooters– in good condition
- Small world toys- knights, dolls, cars, animals etc
- Dressing up clothes,
- Tarpaulins (den building),
- Big trucks/cars (Not ride ons)
- Baby equipment and dolls
- Tea sets
- Pots and pans



Please see the Scam and Fake News information from the National College. This links to our Online Safety talks with the children in school last term.

If you have any questions please contact the school office: office@lenham.kent.sch.uk

What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

WHAT ARE THE RISKS?

"Fake news" refers to falsified or misleading material presented as a legitimate account of events. It's often used by malicious actors online to push an agenda, or even by criminals as a way of making scams more persuasive. Scammers can trick us into handing over personal information, security details and even our hard-earned cash.

"CLICKBAIT" PHISHING SCAMS

A message arrives saying "Have you seen this video of yourself?" or you might be sent an attention-grabbing headline about a celebrity that's been shared on social media. This kind of "bait" is produced by scammers to drive us to click on an unsafe link, where malware could be downloaded to our devices. These scams rely on our curiosity and our "need-to-know" instinct.

SALES, DEALS & DISCOUNTS

Some scams appear as adverts, offering a chance to buy something – such as designer products, expensive gadgets or tickets to a popular show – at a reduced price. Such plays often include a time limit or countdown, urging us to hurry so we don't miss out on the deal. This pressure encourages us to input personal details or payment information before pausing to check if it's legitimate.

YOU'RE A WINNER!

This kind of scam involves fake giveaways, opportunities or freebies. It could be a message saying we've won a prize draw or competition. Or it could be a gift, free trial, bonus credit, and suchlike. It might claim that a package or refund is waiting. All these techniques are used to prompt us to share our personal information, thinking that there's something to be gained by doing so.

FALSE FRIENDSHIPS

Scammers often pretend to be someone they're not to gain their victims' trust. They might attempt to convince any children they connect with that they're a child of similar age with shared interests. Warning signs include a high volume of messages (often with an intense tone), secrecy, inappropriate levels of intimacy, guilt tripping, emotional manipulation, threats or blackmail.

PANIC MODE

To trigger a sense of panic, scammers may claim that a child's account has been hacked, or a virus has been installed on their device, or any number of other scary scenarios. They may claim to be able to fix the problem or offer a solution – if the child hands over control of the device or sensitive information. Similar scams involve impersonating a friend or relative, claiming that they're in trouble and need help.

FAKE CELEBRITY ENDORSEMENTS

Impersonating influential people online is a common tactic for scammers, who can use technology to create fake photos, audio and even videos that look authentic. These can be used to convince us, for example, to buy products, sign up for so-called "business opportunities" or invest in cryptocurrency schemes – all of which are false or otherwise malicious. Many scams also involve the impersonation of popular companies' social media accounts, as well as those of individuals.

Advice for Parents & Educators

STAY INFORMED

Stay up to date with the latest information and best practice on cyber-security. See what scam stories are reported in the news and make note of what tactics were used. Keep up with young people's digital lives: talk about what they're doing online and use properly endorsed resources to learn what risks certain sites and apps pose to their younger users.

ENCOURAGE HEALTHY SCEPTICISM

Most scams rely on emotional or psychological manipulation, tapping into our human instincts – whether that's to keep ourselves safe, help others, find answers, make friends, avoid losing out or to secure something we really want. Encourage children to recognise that pressure to act and to always consult with an adult – especially if what's on offer sounds too good to be true.

TALK TOGETHER

Chat often and openly with young people about fake news, online scams and how they both work. Encourage them to talk to you about anything they're unsure of or worried about online. If a child claims to have been scammed, don't pass judgement. Blaming the victim may deter young people from asking you for help. Remember: adults are scammed just as often, if not more.

BE PROACTIVE

Children increasingly use digital devices for education, socialising, shopping and play. Don't wait for a problem to arise before you discuss the risk of scams, false information and fake news. Highlight what to look out for and clearly communicate under what circumstances the child ought to speak to an adult. Finally, ensure that they're aware of the support services that are available to them (such as Childline).

Meet Our Expert

Dr Holly Powell-Jones is the founder of Online Media Law UK and a leading expert in digital safety, media law and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal and ethical considerations for the digital age. Visit OnlineMediaLaw.co.uk for more.



#WakeUpWednesday

The National College

