

Happy New Year and Welcome Back!

Start of Term 3 Newsletter

I hope you all had a joyful and restful Christmas break, filled with special moments with family and friends.

This term promises to be a busy and exciting one, with a wide variety of activities planned, including Book Week, Science Week and Comic Relief.

As always, our focus remains on creating a positive, inclusive, and supportive environment where every child can thrive. As shared with you last term we are mixing up our morning activities.



Up and coming dates for Term 3

- 11.2.25 Parents Evening
- 13.2.25 Parents Evening
- 3-3.25–7.3.24 Book Week
- 6.3.25 World Book Day
- 14.3.25 Comic Relief
- 17.3.25–21.3.25 Science Week
- 4.4.25 Last Day of Term

Further ahead dates:

- 16.6.25 Sports Day
- 17.6.25 INSET
- 23.06.25 INSET

PUPIL VOICE

In assembly this week we spoke to the children about morning activities. We discussed their views on what they like and how we can change things.

DAILY MILE

On Monday and Wednesday we are going to do the daily mile.

The children are happy with the set up on the playground. But we are asking parents to not wait on the playground as we need all the space. The children are happy you watch, but please could you stand on the grass area behind the bus shelter.

When the whistle is blown can you make your way to the gate as this tells the children it is time to go in.

Thank you

CIRCUITS

We are trying something new on Tuesday and Thursday with Coach Charlie.

Again we will need all the playground space. The children will get into their houses and stand in the four corners of the playground. They will take part in a circuit completing 1 minute on each activity to music. This will be explained in the first assembly back ready for Tuesday.

Each house can earn house points for participation.

FAMILY ZUMBA

We are launching Friday family Zumba. On a Friday we would love everyone to join in and dance with us. The children find parents watching hard, so please join in and have a boogie! Own dance moves are welcome!

Monday and Wednesday: Daily Mile

The Daily Mile will take place on these days, and we will need the full playground space to ensure all children can participate safely. We kindly ask that parents avoid standing on the playground. If you wish to stay, please use the grass area behind the bus shelter, as this allows us to maximize the playground for the children's activity. Adults will be at the top of the path to welcome children.

Tuesday and Thursday: Circuits with Coach Charlie (set to music!)

On these days, the children will work in their houses to complete four activity stations, spending one minute at each. House points will be awarded for participation. Again, we'll need the entire playground space to ensure the sessions run smoothly.

Friday: Family Zumba

To cap off the week, we're introducing Family Zumba! The children have shared that having parents watch makes them feel self-conscious, so we warmly invite you to join in the fun instead—Dad dancing and all! We'd love to see everyone bringing their energy and moves to the playground. Let's make this a lively and inclusive activity to promote well-being and start the day on a high note.

Communication is key to achieving this, so please do not hesitate to reach out to the school office if you have any questions or concerns.

Thank you for your continued support

Wishing you all the very best for 2024. Let's make it a fantastic year!

Mrs McCluskey



Internet Safety

With lots of children getting devices for Christmas, please check our website: <https://lenham.kent.sch.uk/about-us/online-safety/>

We have uploaded lots of guidance documents that can support you.



What parents need to know about.....

- Amazon Alexa
- Avakin
- Call Of Duty Black Ops Cold War
- Call Of Duty Warzone
- Chatroulette
- Clubhouse
- Counter Strike
- Cunch Line Chronicles
- Cyberpunk2077
- Disney+
- Ebay
- Facebook
- Facebook Messenger
- FIFA 21
- Fortnite Chapter 3
- Hoon

On Internet Matters there is an ABC safety checklist.

<https://www.internetmatters.org/resources/abc-online-safety-checklist/#ABC-age-checklist>

ABC online safety checklist for 6-10s

If your child is between 6 and 10 years old, use the checklist below to manage new digital experiences.



Activate 	Set up child accounts on shared devices .	<input type="checkbox"/>
	Create child profiles on platforms they use .	<input type="checkbox"/>
	Limit chat and data sharing on online games like Roblox and Minecraft.	<input type="checkbox"/>
	Use family or parent modes on platforms with social features to supervise use, like YouTube Supervised Accounts and Roblox Allowed Experiences .	<input type="checkbox"/>
Balance 	Encourage children to explore a range of different types of media.	<input type="checkbox"/>
	Help them balance active (creating) and passive (watching) screen time.	<input type="checkbox"/>
	Use visual timers to help children track their time on devices. Or use your household voice assistant to set reminders and limits.	<input type="checkbox"/>
Check 	Check if apps are right for their age and maturity level.	<input type="checkbox"/>
	Explain why it's important to question what they see online .	<input type="checkbox"/>
	Talk about tough topics like cyberbullying, grooming and pornography in age-appropriate ways.	<input type="checkbox"/>

Morning Snack for Key Stage 2 children

We have quite a few children in KS2 who are hungry at breaktime, please ensure you send your child in with a snack.

- **Vegetables/Vegetable Sticks:** Such as celery, cucumber, peppers, or carrot.
- **Cheese:** A piece of cheddar cheese or a Babybel cheese round.
- **Fruit:** Fresh or dried options like pineapple, mango, kiwi, plain raisins, apricots, blueberries, or banana slices.
- **Wholegrain Snacks:** Bread sticks, plain pretzels, banana bread, malt loaf, oat/rice cakes, and small pitta breads.
- **Yoghurt:** A healthy and convenient option.

If you have any questions please contact the school office: office@lenham.kent.sch.uk

