

WEEKLY MENU



	 MONDAY	TUESDAY	WEDNESDAY	 THURSDAY	FRIDAY
WEEK 1	Spaghetti Vegetable Bolognese 1.1 _V Shepherdess Pie 3.1 _V	Turkey & Ham Pie 1 Cheese, Tomato & Herb Penne 1.7 _V	Minced Beef & Yorkshire Pudding 1.7 _S Bean & Sweet Potato Parcel 1.1 _V	Chicken Curry Cheese & Broccoli Penne 1.7 _V	Fish Fingers 1.8 Vegan Burger in a Bun 1.4,5.1 _V
1st November	Jacket Potatoes with a Choice of Toppings 7.8,9 Sweetcorn Peppers	Jacket Potatoes with a Choice of Toppings 7.8,9 New Potatoes Seasonal Vegetables	Jacket Potatoes with a Choice of Toppings 7.8,9 Mashed Potatoes, Broccoli Diced Swede	Jacket Potatoes with a Choice of Toppings 7.8,9 Rice, Sliced Carrots Green Beans	Jacket Potatoes with a Choice of Toppings 7.8,9 Chips, Baked Beans Peas, Cucumber Sticks
29th November	Peaches & Custard 7 Mr Nourish Biscuit 1 Fruit Pots	Ice Cream 7 Mr Nourish Biscuit 1 Fruit Pots	Mandarin Drizzle Cake 1.9 Mr Nourish Biscuit 1 Fruit Pots, Yoghurt 7	Chocolate Swirls 1.7 Fruit Pots Yoghurt 7	Sunshine Bar 1.6,15,16 Fruit Pots Yoghurt 7
10th January					
7th February					
14th March					
WEEK 2	Macaroni Cheese 1.7 _V Rice & Bean Burrito with Baked Wedges 1.1 _V	Homemade Sausage Roll 1.6 Vegan Sausage Roll 1.1 _V	Roast Chicken & Gravy Vegetable Fingers 1.1 _V	Mild Mexican Mince 4 Cheese & Broccoli Twists 1.7 _V	Salmon Risotto 8 Margherita Pizza 1.3,7,9 _V
8th November	Jacket Potatoes with a Choice of Toppings 7.8,9 Seasonal Vegetables	Jacket Potatoes with a Choice of Toppings 7.8,9 Mashed Potato, Cabbage Baked Beans	Jacket Potatoes with a Choice of Toppings 7.8,9 Rustic Roast Potatoes Broccoli, Sweetcorn	Jacket Potatoes with a Choice of Toppings 7.8,9 Rice Cauliflower Carrots	Jacket Potatoes with a Choice of Toppings 7.8,9 Chips, Baked Beans Peas Coleslaw 9
6th December	Ice Cream 7 Mr Nourish Biscuit 1 Fruit Pots	Banana Loaf 1.9 & Chocolate Custard 7 Mr Nourish Biscuit 1 Fruit Pots	Crispy Cake 7.16 Mr Nourish Biscuit 1 Fruit Pots, Yoghurt 7	Honeydew Melon, Apple & Orange Pots Fruit Pots, Yoghurt 7	Fruity Flapjack 1.15 Fruit Pots, Yoghurt 7
17th January					
21st February					
21st March					
WEEK 3	Loaded Flatbread 1.7 _V Cauliflower & Chick Pea Curry & Rice 1 _V	Beef Stew & Dumpling 1 Cheese & Tomato Pasta Bake 1.7 _V	Roast Gammon & Gravy Vegetable Wellington 1.1 _V	Chicken Pie 1 Tomato & Sweetcorn Penne 1.1 _V	Fish Fingers 1.8 Cheese & Onion Pinwheel 1.7 _V
15th November	Jacket Potatoes with a Choice of Toppings 7.8,9 Baked Wedges Seasonal Vegetables	Jacket Potatoes with a Choice of Toppings 7.8,9 Broccoli Diced Swede	Jacket Potatoes with a Choice of Toppings 7.8,9 Rustic Roast Potatoes Diced Carrots, Cabbage	Jacket Potatoes with a Choice of Toppings 7.8,9 New Potatoes, Sweetcorn Cauliflower	Jacket Potatoes with a Choice of Toppings 7.8,9 Chips, Baked Beans Peas Carrot Sticks
13th December	Chocolate Mousse 7 Mr Nourish Biscuit 1 Fruit Pots	Vanilla Sponge 1.9 & Custard 7 Mr Nourish Biscuit 1 Fruit Pots	Fruit Jelly Mr Nourish Biscuit 1 Fruit Pots, Yoghurt 7	Apple & Sultana Bun 1.3,7,9 Fruit Pots Yoghurt 7	Qaty Biscuit 1.15 Fruit Pots, Yoghurt 7
24th January					
28th February					
28th March					
WEEK 4	Margherita Pizza 1.3,7,9 _V Tofu Biryani 3.1 _V	Cottage Pie Tomato Bows 1.1 _V	Roast Chicken & Gravy Vegan Mince Puff 1.3.1 _V	Penne Bolognese 1 Cheesy Cajun Wedges 4.7 _V	Chicken Bites 1.7 Bruschetta 1.7 _V
22nd November	Jacket Potatoes with a Choice of Toppings 7.8,9 New Potatoes, Sweetcorn Peppers	Jacket Potatoes with a Choice of Toppings 7.8,9 Cauliflower Peas	Jacket Potatoes with a Choice of Toppings 7.8,9 Rustic Roast Potatoes Broccoli, Sliced Carrots	Jacket Potatoes with a Choice of Toppings 7.8,9 Seasonal Vegetables Orange, Apple & Watermelon Pots	Jacket Potatoes with a Choice of Toppings 7.8,9 Chips, Baked Beans Peas Coleslaw 9
3rd January	Strawberry Whip 7 Mr Nourish Biscuit 1 Fruit Pots	Apple Crumble 1 & Custard 7 Mr Nourish Biscuit 1 Fruit Pots	Fruit Jelly Mr Nourish Biscuit 1 Fruit Pots, Yoghurt 7	Fruit Pots Yoghurt 7	Ginger Cookie 1.15 Fruit Pots, Yoghurt 7
31st January					
7th March					

Dishes marked with any of the following numbers contain the matching allergen.

- 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Key:
Vg Vegan
V Vegetarian

Available Daily: Selection of Salads 9, Homemade Bread 1,3,7,9.
Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



Remember... Reception, Year 1 and 2 are entitled to free school meals. This excludes independent schools.

