



## The Weekly Bulletin

**27th April 2021**

We hope you had a lovely weekend, it might have been a little chilly but we did have some lovely sunshine. Just a little reminder that Monday 3<sup>rd</sup> May is a bank holiday!

### **Online Safety**

In the last year with lockdown, children are using online platforms more and more. We try our best to update you as parents on things you can do to keep your child safe.

<https://lenham.kent.sch.uk/parent-info/online-safety/>



We are currently updating our Online Safety page on the website with the following guides for parents:

Parental Controls for android

Parental Controls for iPhone

Snapchat

Counter-Strike Global Offensive

Chatroulette

Rec Room

WhatsApp

Signal

Clubhouse

Avakin Life

WeChat

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## The Weekly Bulletin

**National Online Safety Mobile App:** It's time to get #OnlineSafetySavvy.

Children are spending more time than ever online. As adults, we need to do everything we can to keep them safe in the digital world. But with new apps, games and platforms emerging every day, how can you stay in the know?

Say hello to the new National Online Safety mobile application. With all online safety knowledge available at your fingertips, the NOS app empowers parents and teachers to understand and address online safeguarding risks – any time, anywhere. The world's most comprehensive online safety app, it's packed with insightful courses, explanatory videos, webinars and guides on topics that will help you protect the kids you care about when they're online. Find the app in the App Store.

### **Housepoints**



At the end of week 1, we currently have Brownlee and Whitlock in the lead, but this will quickly change.

### **Twitter**

Lots of wonderful memorable experiences happened last week in school to start off Cornerstones Projects. Please make sure you are following us on Twitter so you can see the photos!

@LenhamPrimary

Year 6 handled lots of different animals last week including a snake. Year 4 made amazing storm music. Year 1 had a Royal Tea party, where they made yummy biscuits.

### **Goodbye Mrs Middleton**

Mrs Middleton's last day will be Friday 30<sup>th</sup> April, we want to thank her for all her hard work and wish her lots of luck in her new school.



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As a school we have signed up to the paid version of this software. However, parents can access [PhonicsPlay - Resources](#) allowing unlimited access to selected **games** and teaching ideas across several phases - **play** these as many times as you like!

A huge thank you to Drew, who has been selling eggs that his hens have laid. He has made yet another donation to the PTA of just over £124.

Well done Drew! Your help is really appreciated.

Debbie Brett, PTA Chair



### COURTEOUS PARKING

Can you please avoid parking opposite the Keep Clear signs close to the school.



This is to make the roads safe to cross, and give everyone a clear view of the road, and pavement.

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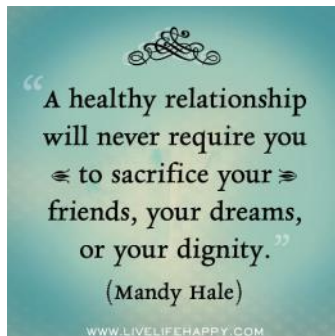


## The Weekly Bulletin

### PSHE/ RSE

This term the topic is relationships, please look at the website to know what will be covered.

<https://lenham.kent.sch.uk/parent-info/pshe-and-rse/>



### FOUR SEASONS IN A DAY!



Please make sure that your child has a coat, water bottle and a sun hat in school. If it looks like good weather, please apply sunscreen at home.



### **2021 Season Colts Coaching**

at Lenham Cricket Ground, Ham Lane, Lenham.

*Lead by ECB qualified coaches. All Coaches are DBS cleared*

**School Years 5-11** – Hardball practice playing in the Weald of Kent Leagues

Monday evening's (except Bank Holiday) 18.30-20.00hrs starting Monday 26<sup>th</sup> April

**School Years 2, 3 & 4**- Softball practice playing in Weald of Kent and Kent Cricket tournaments.

Thursday evening's 18.00-19.15hrs starting Thursday 13<sup>th</sup> May

**School Years R & 1**- Softball, fun introduction to cricket.

Thursday evening's 18.00-19.00hrs

Starting Thursday 13<sup>th</sup> May

*First session free, all are welcome.*

Cost for the 12 week season which includes annual subscription, all match fees and coaching- £30 per cricketer then £25 every additional sibling.

LCC have been working hard to enable a safe environment to return to cricket including producing Player operating rules, displaying a QR Code for all to register upon arrival. Contact Alex Gray 07760 132803 for any queries.

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# 5 easy #LunchboxHacks to add more veg in 60 seconds or less:



## 1. The Salad-on-a-Stick



Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.

My Favourite veg was:

## 2. The Lunch Crunch



1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.

I ate this many carrots:




## 3. The Sandwich Slice



Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.

I ate this much cucumber:




## 4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.



My Favourite veg was:

## 5. The Half-Baked Plan

Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

This week my rating is:

**Top tip:** Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".



## The Weekly Bulletin

### PTA EASTER CRAFT KITS AND EASTER EGG HUNT

Dear lovely Debbie and all PTA people,

Here is Elizabeth's (year 4) completed Easter hunt. We absolutely loved doing this! Thank you, Katherine xxx

A couple of  
Thea's craft  
activities



Hi PTA!

Thank you for the Easter set, lots of lovely things to do and so beautifully packaged! Here's a few pictures of Charlotte (class 3) enjoying her kit. Katy x



Here is a photo of Isabella's creations over Easter. She really enjoyed the craft pack and we all had fun on the egg hunt. Thank you for all the hard work putting this together. Isabella, Emma & Russ x

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## The Weekly Bulletin

### Term Dates for Academic Year 2020-2021

**Term 5** Mon 19<sup>th</sup> April – Fri 28<sup>th</sup> May (*INSET day Friday 28<sup>th</sup> May*)

**Term 6** Mon 7<sup>th</sup> June- Wed 21<sup>st</sup> July (*INSET day Friday 9<sup>th</sup> July*)

*There is no Toastie Club on the last day of any term EXCEPT 1st April*

### Term Dates for Academic Year 2021-2022

**Term 1** Weds 1st September -Fri 22nd October (*INSET day Weds 1st Sept*)

**Term 2** Mon 1st November—Friday 17th December

**Term 3** Tues 4th January—Friday 11th February (*INSET day Tues 4th Jan*)

**Term 4** Mon 21st February - Friday 1st April (*INSET day Mon 21st Feb*)

**Term 5** Tues 19<sup>th</sup> April – Fri 27th May (*INSET day Friday 27<sup>th</sup> May*)

**Term 6** Mon 6<sup>th</sup> June—Fri 22nd July (*INSET day Friday 8th July*)

*There is no Toastie Club on the last day of any term*

***INSET days are for teacher training, and the school will be closed to pupils***

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# West Kent Family Advice Line

**Monday - Friday**

**9.30AM - 2.30PM**

 **03000 414415**

Parents and carers from West Kent can phone the advice line to receive FREE advice, guidance and information around a wide range of topics including:

**Free for 2 -free childcare for 2 & 3-year olds**

**Parenting advice and support**

i.e. managing children's behaviour, child development.

**Emotional health and wellbeing**

For your child and yourself.

**Children's activities**

Ideas to do at home with your child/children.

**Signpost to other services that can support you**

i.e. Housing, Domestic Abuse.

**Other topics.**







## The Weekly Bulletin

### TOASTIE CLUB



**We have returned to 'normal' with Toastie Club in Terms 5 and 6.**

**We will be providing food, and the club will close promptly at 6pm.**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast Club</b> 7:45am Fees payable £3.85	<b>Breakfast Club</b> 7:45am Fees payable £3.85	<b>Breakfast Club</b> 7:45am Fees payable £3.85	<b>Breakfast Club</b> 7:45am Fees payable £3.85	<b>Breakfast Club</b> 7:45am Fees payable £3.85
<b>Football</b> Yrs 5 & 6 Mr Holliday 3:15-4:30 Fees payable £4 term 26/4-24/5 excl 3/5	<b>Mini-Athletics</b> Yrs 1 & 2 Mr Holliday 3:15-4:30 Fees payable £4 term 4th May-25 May Invite on Parentmail	<b>Football Club</b> Yrs 3 & 4 Mr Holliday 3:15-4:30 Fees payable £4 term 5th May-26 May Invite on Parentmail		<b>Street Dance</b> Yrs 1 & 2 Miss Phoebe 3:15-4:30 Fees £27.50 term 30th April-21st May
<b>Toastie club</b> 3:15-6 Fees payable £7.25	<b>Toastie Club</b> 3:15-6 Fees payable £7.25	<b>Toastie club</b> 3:15-6 Fees payable £7.25	<b>Toastie club</b> 3:15-6 Fees payable £7.25	<b>Toastie club</b> 3:15-6 Fees payable £7.25

Unfortunately we are unable to offer a refund if your child does not attend a session as we would have already arranged staff cover (unless the cancellation is made in writing by 9am Friday of the preceding week). Fees need to be paid in advance by Parent Pay or Pay Point. **No Toastie Club last day of each term.**

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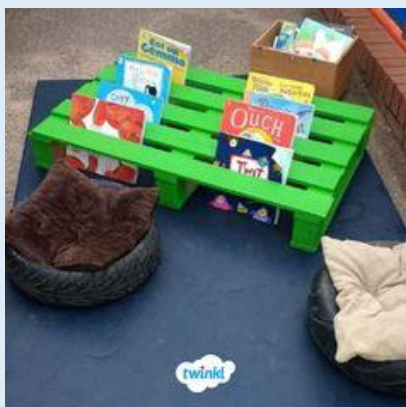


# The Weekly Bulletin

## Help for Early Years Environment

Do you have:

Pallets that we can turn into



Cable drum reels to turn into stools/tables



Guttering that we can use for outdoor play

If you have any of the above please can you let the office know.

### Uniform/ hair styles

The world is beginning to open up with hairdressers and shops now open. Please can I remind you of our uniform policy.

<https://lenham.kent.sch.uk/media/2435/uniform-policy-2019.pdf>

We know the hairdressers being open is very exciting but we must remind you that no child will be permitted to have a haircut (e.g. tramlines) or coloured in such a way that may cause a distraction to other children.



Also, now that shops are open please can we return to the expected uniform (no trainers or leggings)

- Full uniform ✓
- School shoes ✓



Hair X Earring X

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# My Dad

## Get drawing...

This year more than any other your dad deserves to know how much you love him

SEE THEM  
IN YOUR  
KM GROUP  
NEWSPAPER  
FROM  
JUNE 14

It's easy to upload your drawing of your dad, just follow these easy steps

- 1 
- 2 
- 3 
- 4 
- 5 
- 6 

Draw your picture

Take a photo of it and save it on your phone or device

Visit [www.kmmydad.co.uk](http://www.kmmydad.co.uk) and click on the picture

Select the part of Kent you live in and choose the KM newspaper you want your picture to appear in

Fill in details of the dad's name, the child's name, your message and upload the photo

Create a free account and check out

Upload your drawing of your dad at  
[www.kmmydad.co.uk](http://www.kmmydad.co.uk)



NEWSPAPERS • RADIO • ONLINE

TOGETHER WE MAKE A DIFFERENCE



# WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Quorn Bolognese Twists <sup>1,4,7,9</sup> Sweet Potato & Chick Pea Curry & Rice <sup>7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Green Beans Sliced Carrots Chocolate Mousse <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Sweet & Sour Chicken Cheese & Tomato Wrap Stack <sup>1,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Rice Seasonal Vegetables Toffee Apple Pudding <sup>1,9</sup> & Custard <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Gammon & Gravy Vegan Sausage Roll <sup>1,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Rustic Roast Potatoes Diced Carrots, Cabbage Strawberry Cheesecake <sup>1,2,9,15</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Cottage Pie <sup>7</sup> Tomato Pasta Bake <sup>1,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Sweetcorn Broccoli Fruit Loaf <sup>1,2,9</sup> Fruit Pots Yoghurt <sup>7</sup>	Fish Fingers <sup>1,8</sup> Baked Bean Burger in a Bun <sup>1,5,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Chips, Baked Beans Peas, Coleslaw <sup>9</sup> Banana Bar <sup>1,15</sup> Fruit Pots Yoghurt <sup>7</sup>
<b>WEEK 2</b>	Margherita Pizza <sup>1,2,9,11</sup> Chick Pea Biryani <sup>9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Jacket Wedges, Sweetcorn Peppers Peach Crumble <sup>1</sup> & Custard <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Barbeque Pork Tomato Bows <sup>1,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Rice, Cauliflower Peas Ice Cream <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Turkey & Gravy Caribbean Pastie <sup>1,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Mashed Potatoes, Broccoli Diced Carrots Chocolate Brownie <sup>1,9</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Penne Bolognese <sup>1</sup> Cauliflower & Potato Cheese <sup>1,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Seasonal Vegetables Orange, Apple & Watermelon Pots Yoghurt <sup>7</sup>	Chicken Bites <sup>1,7</sup> Cheese & Spinach Pinwheel <sup>1,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Chips, Baked Beans Peas, Carrot Sticks Caramel Cookie <sup>1,7</sup> Fruit Pots Yoghurt <sup>7</sup>
<b>WEEK 3</b>	Shepherdess Pie <sup>1,7</sup> Vegetable Nuggets <sup>1,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Baked Wedges, Sweetcorn Peppers Sultana Cake <sup>1,9</sup> & Custard <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Chicken Pie <sup>1</sup> Cheesy Fusilli <sup>1,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> New Potatoes Seasonal Vegetables Mandarins & Ice Cream <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Pork & Gravy Roast Pepper Tart <sup>1,2,9,11</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Rustic Roast Potatoes Broccoli, Diced Carrots Fruit Jelly Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Beef & Potato Curry Tomato & Herb Twists <sup>1,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Rice, Sliced Carrots Green Beans Chocolate & Banana Whirl Bun <sup>1,2,9</sup> Fruit Pots Yoghurt <sup>7</sup>	Fish Fingers <sup>1,8</sup> Bruschetta <sup>1,2,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Chips, Baked Beans Peas, Grated Carrot Crispy Cake <sup>2,8</sup> Fruit Pots Yoghurt <sup>7</sup>
<b>WEEK 4</b>	Macaroni Cheese <sup>1,7,9</sup> Rice & Bean Burrito <sup>1,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Baked Wedges, Green Beans Sliced Carrots Chocolate Sponge <sup>1,9</sup> & Chocolate Sauce <sup>7</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Sausages with Gravy <sup>1,9</sup> Quorn Sausage <sup>1,2,9,11</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Mashed Potato, Cabbage Baked Beans Yoghurt & Granola <sup>1,2,15</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots	Roast Chicken & Gravy BBQ Pulled Jackfruit in a Bun <sup>1,5,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Rustic Roast Potatoes Seasonal Vegetables Lemon Drizzle Cake <sup>1,9</sup> Mr Nourish Biscuit <sup>1</sup> Fruit Pots, Yoghurt <sup>7</sup>	Mild Mexican Mince <sup>4</sup> Cheese & Broccoli Twists <sup>1,7,9</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Rice Cauliflower Carrots Honeydew Melon, Apple & Orange Pots Yoghurt <sup>7</sup>	Salmon Fish Cake <sup>1,8</sup> Margherita Pizza <sup>1,2,9,11</sup> Jacket Potatoes with a Choice of Toppings <sup>2,8,9</sup> Chips, Baked Beans Peas, Coleslaw <sup>7</sup> Fruity Flapjack <sup>1,15</sup> Fruit Pots Yoghurt <sup>7</sup>

Dishes marked with any of the following numbers contain the matching allergen:

- 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten

Key:  
Vg Vegan  
V Vegetarian

Available Daily: Selection of Salads 9, Homemade Bread 1, 3, 7, 9.  
Some of our schools may use pre-prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

REMEMBER... Reception, Year 1 and 2 are entitled to free school meals. This includes independent schools.



Accreditation

