

Spring/Summer menu

2017

Monday

Homemade meatball pizza (wholemeal flour)
Homemade cheese & tomato pizza (wholemeal flour)
Baked herby diced potatoes
Mini corn cobs
Sweet chilli slaw
Lemon & poppy seed cake

Tuesday

Paprika chicken slider with sour cream dip
Butternut squash & red bean risotto
Baked potato wedges
Garden salad
Coleslaw
Apple, cinnamon & sultana oat crumble with cream

Wednesday

Honey roasted gammon with gravy
Cheese & tomato quiche
New potatoes with fresh parsley
Seasonal cabbage
Carrots
Summer berry jelly

Thursday

Homemade beef lasagne
Five bean chilli in a tortilla basket
Tomato & basil bread
Provençal vegetables
Mixed salad
Chocolate marble sponge with vanilla sauce

Friday

Battered fish fillet with lemon wedge or salmon fish pie
Quorn dog with tomato relish
Chips
Peas
Baked beans
Ice Cream or strawberry mousse

Also available every day:

Jacket potatoes with fillings
Fresh breads
Fresh salads
Fresh fruit or yoghurt



Week 1

Week commencing 20th February, 12th March, 17th April, 8th May, 5th June, 26th June, 17th July

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Monday

Tuna pasta bake or cheesy topped tomato pasta
Vegetable moussaka
Wholemeal homemade garlic & herb focaccia
Sweetcorn
Cauliflower
Apple flapjack

Tuesday

Sausage & herb roll
Soya mince with a potato topping
Mashed potato
Baked beans
Peas
Cherry & coconut sponge with custard

Wednesday

Roast beef & Yorkshire pudding with gravy
Twice baked stuffed jackets
(Sweetcorn, red onion, peppers, peas & cheese)
Roast potatoes
Cauliflower
Broccoli
Fruit & ice cream / smoothie

Thursday

Lemon, thyme & garlic chicken
Pea pakora pockets
New potatoes with fresh chives
Yoghurt slaw
Carrots
Pears with homemade chocolate sauce

Friday

Fish fingers with fresh lemon mayonnaise
Mixed bean wrap
Chips
Peas
Baked beans
Custard cream biscuit

Also available every day:

Jacket potatoes with fillings
Fresh breads
Fresh salads
Fresh fruit or yoghurt



Week 2

Week commencing 27th February, 20th March, 24th April, 15th May, 12th June, 3rd July

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Monday

Meatballs with spaghetti with either a creamy tarragon & mushroom sauce or a tomato sauce

Tuscan bean, sweet potato, spinach & chickpea curry with rice (50/50)

Wholemeal paprika & herb focaccia

Mexicorn

Mixed salad

Zesty lime cake

Tuesday

Fruity chicken curry

Caribbean spiced pasty with a BBQ dipping sauce

Garlic & herb savoury rice (50/50)

Grated sweet potato, carrots & poppy seeds

Broccoli

Funky fruit Tuesday

Wednesday

Roast pork & stuffing with apple sauce & gravy

Courgette, lentil & tomato crumble

Roast potatoes

Seasonal cabbage

Root mash

Creamy rice pudding with a fruit coulis

Thursday

Italian beef pie

Quorn & vegetable paella

Herb roasted vegetables

Mixed salad

Gingerbread with custard

Friday

Oven baked fillet of fish with fresh lemon wedge

Mac'n'cheese

Chips

Crushed minted peas

Mixed salad

Peachy pot

Also available every day:

Jacket potatoes with fillings

Fresh breads

Fresh salads

Fresh fruit or yoghurt



Week 3

Week commencing 6th March, 27th March, 1st May, 22nd May, 19th June, 10th July